

Recipe from the EarlyON Kitchen

French Toast Hearts

Ingredients:

- 4 slices of bread
- 4 eggs
- 1/4 cup milk
- 1 tbsp sugar (optional)
- 3/4 tsp ground cinnamon
- 2 tsp vanilla extract
- 1/2 tsp salt
- 1 tbsp butter



Directions:

1. In a bowl, mix the cinnamon, sugar, vanilla, and salt.
2. In a separate bowl, beat the eggs with a whisk.
3. Combine the sugar mixture and eggs together.
4. Pour in the milk and stir.
5. Dip the bread in the eggs, coating both sides.
6. Preheat stove on medium heat and add the butter to the pan.
7. Add the bread and fry on each side.
8. Cut the fried bread into heart shapes with a knife or cookie cutter.
9. Drizzle with syrup and add other toppings as desired (powdered sugar, chocolate chips, berries and bananas).